

# KISU Records – Long Course - DRAFT - as of end of 2013-14 Season

| 10&U                              | 11/12                                | 13/14                                | 15&O                                | Events    | 10&U                                    | 11/12                              | 13/14                              | 15&O                              |
|-----------------------------------|--------------------------------------|--------------------------------------|-------------------------------------|-----------|-----------------------------------------|------------------------------------|------------------------------------|-----------------------------------|
| Alicia Slade<br>31.91<br>1995     | Payton Nackoney<br>29.61<br>2010     | Payton Nackoney<br>28.90<br>2012     | Martina Zamecnik<br>28.14<br>1999   | 50 Free   | Justin Fotherby<br>31.41<br>2014        | Daniel Everton<br>28.80<br>2014    | Samuel Lasinski<br>27.08<br>2013   | Neil Ladd<br>25.64<br>1999        |
| Alicia Slade<br>1:11.70<br>1995   | Martina Zamecnik<br>1:07.64<br>1996  | Leanne Keen<br>1:03.15<br>1997       | Martina Zamecnik<br>1:02.32<br>1998 | 100 Free  | Justin Fotherby<br>1:10.32<br>2014      | Daniel Everton<br>1:03.40<br>2014  | Bobby Harling<br>1:00.05<br>2007   | Neil Ladd<br>56.40<br>1999        |
| Alicia Slade<br>2:41.49<br>1995   | Acacia Benn<br>2:22.90<br>2014       | Lauren Ladd<br>2:20.56<br>2001       | Reilly Rowland<br>2:14.39<br>2013   | 200 Free  | Elijah Kliever<br>2:49.85<br>2013       | Bobby Harling<br>2:15.79<br>2005   | Bobby Harling<br>2:03.69<br>2007   | Bobby Harling<br>2:03.74<br>2009  |
| Reilly Rowland<br>5:59.13<br>2008 | Rheagan Thompson<br>4:59.89<br>2001  | Rheagan Thompson<br>4:54.07<br>2003  | Reilly Rowland<br>4:43.44<br>2014   | 400 Free  | Justin Fotherby<br>5:19.32<br>2014      | Bobby Harling<br>4:42.68<br>2005   | Bobby Harling<br>4:20.14<br>2007   | Bobby Harling<br>4:18.78<br>2009  |
|                                   | Rheagan Thompson<br>10:26.56<br>2001 | Rheagan Thompson<br>10:03.63<br>2003 | Payton Nackoney<br>9:48.94<br>2014  | 800 Free  | Jordan Souch-Tremblay<br>13:03.29, 2014 | Elijah Kliever<br>11:10.77<br>2014 | Bobby Harling<br>8:59.34<br>2007   | Bobby Harling<br>8:51.59<br>2009  |
|                                   | Acacia Benn<br>20:08.45<br>2014      | Rheagan Thompson<br>19:57.44<br>2003 | Reilly Rowland<br>18:24.03<br>2014  | 1500 Free |                                         | Bobby Harling<br>18:39.82<br>2005  | Bobby Harling<br>16:51.05<br>2007  | Bobby Harling<br>17:04.11<br>2008 |
| Marlee Caruso<br>39.19<br>2014    | Annalise Spence<br>34.37<br>2013     | Annalise Spence<br>33.11<br>2014     | Payton Nackoney<br>33.19<br>2014    | 50 Back   | Justin Fotherby<br>39.93<br>2014        | Daniel Everton<br>33.76<br>2014    | Samuel Lasinski<br>30.65<br>2013   | Andrew Kennedy<br>29.58<br>2006   |
| Alicia Slade<br>1:24.41<br>1995   | Acacia Benn<br>1:12.42<br>2014       | Annalise Spence<br>1:10.55<br>2014   | Payton Nackoney<br>1:10.25<br>2014  | 100 Back  | Elijah Kliever<br>1:24.84<br>2013       | Bobby Harling<br>1:11.73<br>2005   | Samuel Lasinski<br>1:06.09<br>2013 | Andrew Kennedy<br>1:03.77<br>2006 |
| Acacia Benn<br>3:06.01<br>2012    | Acacia Benn<br>2:32.12<br>2014       | Mackenzie Wallich<br>2:35.53<br>2014 | Payton Nackoney<br>2:29.82<br>2014  | 200 Back  | Elijah Kliever<br>3:11.82<br>2013       | Bobby Harling<br>2:28.93<br>2005   | Daniel Kennedy<br>2:21.35<br>2002  | Andrew Kennedy<br>2:18.07<br>2007 |
| Alicia Slade<br>43.14<br>1995     | Emily Caruso<br>41.46<br>2014        | Julia Veidt<br>39.06<br>2009         | Julia Veidt<br>36.45<br>2012        | 50 Brst   | Colin Eden<br>50.54<br>2008             | Brian MacPhail<br>42.11<br>2007    | Jaren LeFranc<br>32.98<br>2014     | Jaren LeFranc<br>32.13<br>2014    |
| Jamie Ferguson<br>1:35.02<br>2008 | Emily Caruso<br>1:27.36<br>2014      | Julia Veidt<br>1:24.63<br>2009       | Julia Veidt<br>1:18.31<br>2014      | 100 Brst  | Tristan Oakunsheyld<br>1:48.48<br>2007  | Brian MacPhail<br>1:26.23<br>2007  | Jaren LeFranc<br>1:11.30<br>2014   | Jaren LeFranc<br>1:08.89<br>2014  |
| Jamie Ferguson<br>3:44.06<br>2007 | Emily Caruso<br>3:05.87<br>2014      | Julia Veidt<br>2:59.07<br>2009       | Julia Veidt<br>2:44.49<br>2014      | 200 Brst  | Justin Fotherby<br>3:18.50<br>2014      | Brian MacPhail<br>3:03.17<br>2007  | Jaren LeFranc<br>2:35.25<br>2014   | Jaren LeFranc<br>2:27.74<br>2014  |
| Alicia Slade<br>36.18<br>1995     | Payton Nackoney<br>34.37<br>2010     | Payton Nackoney<br>31.03<br>2012     | Payton Nackoney<br>29.70<br>2014    | 50 Fly    | Justin Fotherby<br>35.70<br>2014        | Daniel Everton<br>32.44<br>2014    | Samuel Lasinski<br>28.73<br>2013   | Andrew Kennedy<br>27.18<br>2007   |
| Jamie Ferguson<br>1:27.33<br>2008 | Martina Zamecnik<br>1:19.94<br>1996  | Payton Nackoney<br>1:10.83<br>2012   | Payton Nackoney<br>1:06.25<br>2014  | 100 Fly   | Justin Fotherby<br>1:19.83<br>2014      | Bobby Harling<br>1:10.36<br>2005   | Bobby Harling<br>1:03.96<br>2007   | Bobby Harling<br>1:01.15<br>2009  |
| Marlee Caruso<br>3:32.89<br>2014  | Acacia Benn<br>3:00.20<br>2014       | Myah Nackoney<br>2:42.09<br>2014     | Payton Nackoney<br>2:28.15<br>2014  | 200 Fly   | Elijah Kliever<br>3:38.35<br>2013       | Bobby Harling<br>2:39.62<br>2005   | Bobby Harling<br>2:21.91<br>2007   | Bobby Harling<br>2:11.45<br>2009  |
|                                   |                                      |                                      |                                     | 100 IM    |                                         |                                    |                                    |                                   |
| Alicia Slade<br>2:56.79<br>1995   | Acacia Benn<br>2:41.33<br>2014       | Mackenzie Wallich<br>2:39.25<br>2014 | Julia Veidt<br>2:35.49<br>2012      | 200 IM    | Justin Fotherby<br>2:50.82<br>2014      | Bobby Harling<br>2:40.58<br>2005   | Samuel Lasinski<br>2:22.87<br>2013 | Brian MacPhail<br>2:19.56<br>2013 |
|                                   | Acacia Benn<br>5:41.48<br>2014       | Rheagan Thompson<br>5:40.62<br>2003  | Julia Veidt<br>5:22.22<br>2012      | 400 IM    | Justin Fotherby<br>6:06.28<br>2014      | Bobby Harling<br>5:48.32<br>2005   | Samuel Lasinski<br>5:03.64<br>2013 | Brian MacPhail<br>4:58.87<br>2011 |

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|--|-----------------------------------------------------------------|---------------------------------------------------------------------------|------------------------------------------------------------------|--------------------------|--|----------------------------------------------------------------------|--|-----------------------------------------------------------------------|
|  |                                                                 | M.Nackoney, A.Benn,<br>M.Wallich, A.Spence<br>2:02.44, 2014               | A.Spence, M.Nackoney,<br>J.Veidt, P.Nackoney<br>1:58.38, 2014    | 4x50 Free<br>Relay       |  |                                                                      |  | R.Wall, J.LeFranc,<br>M.Koster,<br>S.Lasinski<br>1:48.87, 2014        |
|  | R.Rowland, M.Veidt,<br>J.Ferguson, P.Nackoney<br>2:33.65, 2009  | M.Wallich, E.Caruso,<br>M.Nackoney, B.Souch-<br>Tremblay<br>2:17.63, 2014 | A.Spence, J.Veidt,<br>P.Nackoney,<br>M.Nackoney<br>2:08.69, 2014 | 4x50<br>Medley<br>Relay  |  | E.Kliever,<br>J.Fotherby,<br>D.Everton,<br>E.Peters<br>2:27.35, 2014 |  | T.Oliver,<br>W.Nordlund,<br>S.Lasinski,<br>M.Koster<br>2:10.75, 2014  |
|  | E.Caruso, K.Louw,<br>A.Brunner, A.Benn<br>5:21.79, 2014         | A.Spence, M.Wallich,<br>B.Souch-Tremblay,<br>M.Nackoney<br>4:36.68, 2014  | J.Veidt, A.Spence,<br>M.Veidt, P.Nackoney<br>4:28.68, 2013       | 4x100<br>Free Relay      |  | T.Wall, E.Kliever,<br>E.Peters,<br>D.Everton<br>4:44.24, 2014        |  | B.MacPhail,<br>S.Lasinski,<br>M.Koster,<br>D.Everton<br>4:10.60, 2013 |
|  | A.Benn, M.Caruso,<br>K.Louw, A.Brunner<br>6:08.60, 2014         | A.Spence, M.Wallich,<br>M.Nackoney, A.Benn<br>5:07.72, 2014               | A.Spence, J.Veidt,<br>M.Nackoney,<br>P.Nackoney<br>4:53.33, 2014 | 4x100<br>Medley<br>Relay |  | E.Kliever,<br>J.Fotherby,<br>D.Everton,<br>E.Peters<br>5:24.97, 2014 |  | W.Nordlund,<br>J.LeFranc,<br>S.Lasinski, R.Wall<br>4:18.92, 2014      |
|  | J.Ferguson, P.Nackoney,<br>R.Rowland, M.Veidt<br>10:42.26, 2009 |                                                                           | P.Nackoney, J.Veidt,<br>M.Veidt, A.Benn<br>9:42.27, 2013         | 4x200<br>Free Relay      |  |                                                                      |  | B.MacPhail,<br>S.Lasinski,<br>M.Koster,<br>D.Everton<br>9:22.10, 2013 |