

**Kisu Swim Club  
Team Manager Report**

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**Individual Meet Results**

Icefest 21-Jan-11 to 23-Jan-11 SC Meters

Location: H20

Time	F/P/S	Event	Place	Points	Improv
<b>Acacia Benn (9) G</b>					
3:50.76S	F # 1A	Girls 10 & Under 200 IM	KISU	10	---
	52.76	1:51.28 2:58.30 3:50.76			-1.06
	(52.76)	(58.52) (1:07.02) (52.46)			
2:08.15S	P # 3A	Girls 10 & Under 100 Breast	KISU	17	---
	1:00.04	2:08.15			-11.60
	(1:00.04)	(1:08.11)			
4:07.94S	F # 5A	Girls 10 & Under 200 Back	KISU	10	---
	59.79	2:03.15 3:06.19 4:07.94			---
	(59.79)	(1:03.36) (1:03.04) (1:01.75)			
44.77S	F # 7A	Girls 10 & Under 50 Free	KISU	18	---
53.82S	F # 9A	Girls 10 & Under 50 Fly	KISU	7	---
7:23.23S	F # 11A	Girls 10 & Under 400 Free	KISU	8	---
	48.47	1:46.53 2:43.33 3:41.52 4:38.58 5:34.69 6:32.76 7:23.23			---
	(48.47)	(58.06) (56.80) (58.19) (57.06) (56.11) (58.07) (50.47)			
50.21S	F # 17A	Girls 10 & Under 50 Back	KISU	10	---
4:24.54S DQ	F # 19A	Girls 10 & Under 200 Breast	KISU	---	---
	58.70	2:07.81 3:17.15 4:24.54			---
	(58.70)	(1:09.11) (1:09.34) (1:07.39)			
<b>Andrew Cooke S5 Sb5 Sm5 (19) B</b>					
2:56.36S	P # 4D	Boys 15 & Over 100 Breast	KISU	10	---
	1:18.37	2:56.36			7.70
	(1:18.37)	(1:37.99)			
1:01.43S	F # 8D	Boys 15 & Over 50 Free	KISU	18	---
2:57.02S	P # 14D	Boys 15 & Over 100 Back	KISU	15	---
1:14.76S	F # 18D	Boys 15 & Over 50 Back	KISU	14	---
6:04.59S DQ	F # 20D	Boys 15 & Over 200 Breast	KISU	---	---
	1:17.30	2:57.07 4:29.49 6:04.59			---
	(1:17.30)	(1:39.77) (1:32.42) (1:35.10)			
1:17.85S	F # 30D	Boys 15 & Over 50 Breast	KISU	15	---
5:15.73S	F # 32D	Boys 15 & Over 200 Free	KISU	16	---
	1:17.79	2:35.89 4:04.50 5:15.73			5.11
	(1:17.79)	(1:18.10) (1:28.61) (1:11.23)			36.81
<b>Kenzi Haberstock (13) G</b>					
2:41.31S	F # 31C	Girls 13-14 200 Free	KISU	9	---
	36.66	1:18.81 2:00.44 2:41.31			-4.83
	(36.66)	(42.15) (41.63) (40.87)			
6:29.70S DQ	F # 33C	Girls 13-14 400 IM	KISU	---	---
	42.63	1:31.74 2:24.28 3:14.83 4:10.21 5:06.61 5:48.92 6:29.70			---
	(42.63)	(49.11) (52.54) (50.55) (55.38) (56.40) (42.31) (40.78)			
<b>Reece Haberstock (11) B</b>					
3:22.31S	F # 2B	Boys 11-12 200 IM	KISU	14	---
	46.76	1:36.64 2:37.54 3:22.31			3.02
	(46.76)	(49.88) (1:00.90) (44.77)			

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Team Manager Report**

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**Individual Meet Results**

**Icifest 21-Jan-11 to 23-Jan-11 SC Meters**

**Location: H20**

Time	F/P/S	Event	Place	Points	Improv	
1:56.13S	P # 4B	Boys 11-12 100 Breast	KISU	11	---	3.19
	56.86	1:56.13				
	(56.86)	(59.27)				
3:12.27S	F # 6B	Boys 11-12 200 Back	KISU	8	---	-2.27
	46.06	1:35.37 2:25.10 3:12.27				
	(46.06)	(49.31) (49.73) (47.17)				
4:02.94S	F # 20B	Boys 11-12 200 Breast	KISU	15	---	4.00
	56.75	1:59.91 3:02.74 4:02.94				
	(56.75)	(1:03.16) (1:02.83) (1:00.20)				
1:44.88S	P # 22A	Boys 12 & Under 100 Fly	KISU	12	---	-4.26
	47.41	1:44.88				
	(47.41)	(57.47)				
2:55.42S DQ	F # 32B	Boys 11-12 200 Free	KISU	---	---	---
	39.34	1:23.72 2:10.21 2:55.42				
	(39.34)	(44.38) (46.49) (45.21)				
7:09.47S	F # 34B	Boys 11-12 400 IM	KISU	10	---	---
	48.79	1:50.27 2:42.10 3:32.20	4:35.21 5:37.94 6:24.92 7:09.47			
	(48.79)	(1:01.48) (51.83) (50.10)	(1:03.01) (1:02.73) (46.98) (44.55)			
<b>Matthew Koster (13) B</b>						
3:05.66S	F # 2C	Boys 13-14 200 IM	KISU	6	---	3.15
	41.85	1:27.97 2:27.09 3:05.66				
	(41.85)	(46.12) (59.12) (38.57)				
2:57.20S	F # 6C	Boys 13-14 200 Back	KISU	7	---	3.73
	41.93	1:26.97 2:12.46 2:57.20				
	(41.93)	(45.04) (45.49) (44.74)				
33.31S	F # 8C	Boys 13-14 50 Free	KISU	12	---	0.65
5:30.45S	F # 12C	Boys 13-14 400 Free	KISU	12	---	7.16
	36.09	1:16.83 1:58.88 2:41.08	3:23.56 4:06.63 4:48.34 5:30.45			
	(36.09)	(40.74) (42.05) (42.20)	(42.48) (43.07) (41.71) (42.11)			
3:24.88S	F # 16C	Boys 13-14 200 Fly	KISU	7	---	-33.13
	44.18	1:39.27 2:34.66 3:24.88				
	(44.18)	(55.09) (55.39) (50.22)				
40.79S	F # 18C	Boys 13-14 50 Back	KISU	6	---	0.19
1:28.58S	P # 22B	Boys 13-14 100 Fly	KISU	11	---	-1.67
	39.41	1:28.58				
	(39.41)	(49.17)				
49.52S	F # 30C	Boys 13-14 50 Breast	KISU	12	---	-0.48
2:33.43S	F # 32C	Boys 13-14 200 Free	KISU	12	---	1.92
	35.29	1:14.46 1:54.21 2:33.43				
	(35.29)	(39.17) (39.75) (39.22)				
6:29.66S	F # 34C	Boys 13-14 400 IM	KISU	9	---	-18.43
	44.58	1:39.30 2:26.11 3:12.38	4:11.55 5:10.76 5:51.75 6:29.66			
	(44.58)	(54.72) (46.81) (46.27)	(59.17) (59.21) (40.99) (37.91)			

**Kisu Swim Club  
Team Manager Report**

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**Individual Meet Results**

Icefest 21-Jan-11 to 23-Jan-11 SC Meters

Location: H20

Time	F/P/S	Event	Place	Points	Improv	
<b>Samuel Lasinski (11) B</b>						
2:54.25S	F # 2B	Boys 11-12 200 IM	KISU	5	---	4.77
	37.06	1:20.22 2:11.92 2:54.25				
	(37.06)	(43.16) (51.70) (42.33)				
2:50.95S	F # 6B	Boys 11-12 200 Back	KISU	3	---	4.23
	39.77	1:23.86 2:08.30 2:50.95				
	(39.77)	(44.09) (44.44) (42.65)				
31.44S	F # 8B	Boys 11-12 50 Free	KISU	3	---	0.41
34.34S	F # 10B	Boys 11-12 50 Fly	KISU	2	---	-0.04
5:34.39S	F # 12B	Boys 11-12 400 Free	KISU	4	5	-0.02
	36.14	1:16.88 1:59.51 2:42.33 3:25.40 4:08.77 4:51.85 5:34.39				
	(36.14)	(40.74) (42.63) (42.82) (43.07) (43.37) (43.08) (42.54)				
36.27S	F # 18B	Boys 11-12 50 Back	KISU	2	---	1.33
3:17.92S	F # 20B	Boys 11-12 200 Breast	KISU	6	---	-9.38
	45.37	1:36.02 2:28.01 3:17.92				
	(45.37)	(50.65) (51.99) (49.91)				
36.12S	F # 26	200 Medley Relay Lead Off	KISU	---	---	1.18
41.71S	F # 30B	Boys 11-12 50 Breast	KISU	4	---	-2.40
2:34.96S	F # 32B	Boys 11-12 200 Free	KISU	6	---	2.22
	33.75	1:12.47 1:53.76 2:34.96				
	(33.75)	(38.72) (41.29) (41.20)				
6:06.81S	F # 34B	Boys 11-12 400 IM	KISU	3	---	-7.73
	39.42	1:26.36 2:11.25 2:54.31 3:48.17 4:43.25 5:25.92 6:06.81				
	(39.42)	(46.94) (44.89) (43.06) (53.86) (55.08) (42.67) (40.89)				
<b>Madison Leew (12) G</b>						
3:09.99S	F # 1B	Girls 11-12 200 IM	KISU	14	---	2.13
1:37.14S	P # 3B	Girls 11-12 100 Breast	KISU	11	---	0.44
	45.58	1:37.14				
	(45.58)	(51.56)				
32.75S	F # 7B	Girls 11-12 50 Free	KISU	7	---	-0.53
40.60S DQ	F # 9B	Girls 11-12 50 Fly	KISU	---	---	---
5:35.47S	F # 11B	Girls 11-12 400 Free	KISU	9	---	-1.22
	36.90	1:19.04 2:01.33 2:44.63 3:28.36 4:10.87 4:53.79 5:35.47				
	(36.90)	(42.14) (42.29) (43.30) (43.73) (42.51) (42.92) (41.68)				
39.81S	F # 17B	Girls 11-12 50 Back	KISU	6	---	-1.57
1:34.55S	P # 21A	Girls 12 & Under 100 Fly	KISU	13	---	-2.88
	42.69	1:34.55				
	(42.69)	(51.86)				
45.10S	F # 29B	Girls 11-12 50 Breast	KISU	10	---	0.69
2:39.61S	F # 31B	Girls 11-12 200 Free	KISU	7	---	-4.54
	36.28	1:16.97 1:58.86 2:39.61				
	(36.28)	(40.69) (41.89) (40.75)				
6:32.89S DQ	F # 33B	Girls 11-12 400 IM	KISU	---	---	---
	46.98	1:42.95 2:31.10 3:19.74 4:13.27 5:07.56 5:51.25 6:32.89				
	(46.98)	(55.97) (48.15) (48.64) (53.53) (54.29) (43.69) (41.64)				

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Team Manager Report**

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**Individual Meet Results**

Icefest 21-Jan-11 to 23-Jan-11 SC Meters

Location: H20

Time	F/P/S	Event	Place	Points	Improv	
<b>BRIAN MacPHAIL (16) B</b>						
2:21.39S	F # 2D	Boys 15 & Over 200 IM	KISU	6	---	3.29
		30.17 1:07.33 1:48.70 2:21.39				
		(30.17) (37.16) (41.37) (32.69)				
1:11.28S	P # 4D	Boys 15 & Over 100 Breast	KISU	3	---	-1.70
		32.97 1:11.28				
		(32.97) (38.31)				
1:12.10S	F # 4D	Boys 15 & Over 100 Breast	KISU	4	---	-0.88
		1:12.10				
		(1:12.10)				
26.89S	F # 8D	Boys 15 & Over 50 Free	KISU	11	---	-0.04
29.24S	F # 10D	Boys 15 & Over 50 Fly	KISU	6	---	0.22
4:31.14S	F # 12D	Boys 15 & Over 400 Free	KISU	5	4	-0.64
		30.22 1:04.27 1:38.48 2:13.20 2:47.96 3:22.91 3:57.80 4:31.14				
		(30.22) (34.05) (34.21) (34.72) (34.76) (34.95) (34.89) (33.34)				
1:08.03S	P # 14D	Boys 15 & Over 100 Back	KISU	9	---	0.68
		33.30 1:08.03				
		(33.30) (34.73)				
2:19.56S	F # 16D	Boys 15 & Over 200 Fly	KISU	2	---	-0.88
		31.46 1:07.10 1:42.98 2:19.56				
		(31.46) (35.64) (35.88) (36.58)				
32.80S	F # 30D	Boys 15 & Over 50 Breast	KISU	4	---	-1.63
2:06.85S	F # 32D	Boys 15 & Over 200 Free	KISU	8	---	-1.74
		29.45 1:02.41 1:34.40 2:06.85				
		(29.45) (32.96) (31.99) (32.45)				
4:54.44S	F # 34D	Boys 15 & Over 400 IM	KISU	3	---	-1.11
		31.01 1:05.99 1:43.97 2:21.71 3:03.35 3:45.58 4:20.90 4:54.44				
		(31.01) (34.98) (37.98) (37.74) (41.64) (42.23) (35.32) (33.54)				
27.25S	F # 108	Boys Open 50 Free	KISU	13	---	0.32
<b>Reid Noble-Hearle (16) B</b>						
33.02S	F # 10D	Boys 15 & Over 50 Fly	KISU	9	---	0.54
4:58.10S	F # 12D	Boys 15 & Over 400 Free	KISU	10	---	0.81
		33.25 1:10.01 1:47.97 2:26.53 3:05.20 3:42.91 4:20.76 4:58.10				
		(33.25) (36.76) (37.96) (38.56) (38.67) (37.71) (37.85) (37.34)				
35.32S	F # 18D	Boys 15 & Over 50 Back	KISU	12	---	-1.18
3:07.69S	F # 20D	Boys 15 & Over 200 Breast	KISU	12	---	1.41
		40.79 1:28.70 2:17.56 3:07.69				
		(40.79) (47.91) (48.86) (50.13)				
38.61S	F # 30D	Boys 15 & Over 50 Breast	KISU	12	---	-0.99
2:18.30S	F # 32D	Boys 15 & Over 200 Free	KISU	13	---	4.01
		29.88 1:03.61 1:39.66 2:18.30				
		(29.88) (33.73) (36.05) (38.64)				
5:51.85S	F # 34D	Boys 15 & Over 400 IM	KISU	13	---	4.24
		35.90 1:18.99 2:03.99 2:47.67 3:39.05 4:31.39 5:12.25 5:51.85				
		(35.90) (43.09) (45.00) (43.68) (51.38) (52.34) (40.86) (39.60)				
28.25S	F # 40	200 Free Relay Lead Off	KISU	---	---	0.02

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**Individual Meet Results**

Icefest 21-Jan-11 to 23-Jan-11 SC Meters

Location: H20

Time	F/P/S	Event	Place	Points	Improv
<b>Wynn Nordlund (11) B</b>					
3:47.74S	DQ	F # 2B Boys 11-12 200 IM	---	---	---
		53.62 1:49.45 2:55.78 3:47.74			
		(53.62) (55.83) (1:06.33) (51.96)			
2:10.72S		P # 4B Boys 11-12 100 Breast	14	---	---
		1:02.03 2:10.72			
		(1:02.03) (1:08.69)			
43.13S		F # 8B Boys 11-12 50 Free	16	---	1.08
54.76S		F # 10B Boys 11-12 50 Fly	8	---	2.22
DQ		P # 14B Boys 11-12 100 Back	---	---	---
		(0.00) (0.00)			
50.00S		F # 18B Boys 11-12 50 Back	8	---	-4.34
2:02.55S	DQ	P # 22A Boys 12 & Under 100 Fly	---	---	---
		57.51 2:02.55			
		(57.51) (1:05.04)			
<b>Samantha Oliver (11) G</b>					
3:12.60S		F # 1B Girls 11-12 200 IM	16	---	-1.02
		43.86 1:31.30 2:28.81 3:12.60			
		(43.86) (47.44) (57.51) (43.79)			
1:46.22S		P # 3B Girls 11-12 100 Breast	18	---	0.34
		50.69 1:46.22			
		(50.69) (55.53)			
3:13.79S		F # 5B Girls 11-12 200 Back	8	---	-5.59
		46.19 1:35.71 2:25.46 3:13.79			
		(46.19) (49.52) (49.75) (48.33)			
36.72S		F # 7B Girls 11-12 50 Free	20	---	0.15
X 3:42.45S		F # 19B Girls 11-12 200 Breast	---	---	1.77
		51.52 1:48.10 2:45.56 3:42.45			
		(51.52) (56.58) (57.46) (56.89)			
1:34.63S		P # 21A Girls 12 & Under 100 Fly	14	---	-1.46
		44.02 1:34.63			
		(44.02) (50.61)			
<b>Theodore Oliver (13) B</b>					
2:59.72S		F # 2C Boys 13-14 200 IM	5	---	-6.24
		39.66 1:25.98 2:18.80 2:59.72			
		(39.66) (46.32) (52.82) (40.92)			
NS		P # 4C Boys 13-14 100 Breast	---	---	---
		(0.00) (0.00)			
3:09.13S		F # 6C Boys 13-14 200 Back	10	---	-3.76
		44.88 1:33.14 2:21.76 3:09.13			
		(44.88) (48.26) (48.62) (47.37)			
33.89S		F # 8C Boys 13-14 50 Free	13	---	0.34
1:27.68S		P # 14C Boys 13-14 100 Back	10	---	0.79
		42.48 1:27.68			
		(42.48) (45.20)			

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**Individual Meet Results**

Icefest 21-Jan-11 to 23-Jan-11 SC Meters

Location: H20

Time	F/P/S	Event	Place	Points	Improv	
3:18.77S	F # 16C	Boys 13-14 200 Fly	KISU	6	---	-39.07
	43.07	1:33.47 2:26.21 3:18.77				
	(43.07)	(50.40) (52.74) (52.56)				
3:24.55S	F # 20C	Boys 13-14 200 Breast	KISU	10	---	-13.82
	46.83	1:39.27 2:32.98 3:24.55				
	(46.83)	(52.44) (53.71) (51.57)				
1:23.82S	P # 22B	Boys 13-14 100 Fly	KISU	10	---	-5.26
	38.83	1:23.82				
	(38.83)	(44.99)				
<b>Belize Souch-Tremblay (10) G</b>						
3:56.86S	F # 1A	Girls 10 & Under 200 IM	KISU	11	---	-1.98
		3:56.86				
	(0.00)	(3:56.86)				
2:04.09S	P # 3A	Girls 10 & Under 100 Breast	KISU	16	---	-0.94
	59.40	2:04.09				
	(59.40)	(1:04.69)				
4:20.48S	F # 5A	Girls 10 & Under 200 Back	KISU	11	---	---
	58.30	3:00.36 3:58.42 4:20.48				
	(58.30)	(2:02.06) (58.06) (22.06)				
40.76S	F # 7A	Girls 10 & Under 50 Free	KISU	11	---	-0.09
54.70S	F # 29A	Girls 10 & Under 50 Breast	KISU	8	---	-3.76
3:22.05S	F # 31A	Girls 10 & Under 200 Free	KISU	9	---	-37.34
	47.78	1:40.45 2:33.70 3:22.05				
	(47.78)	(52.67) (53.25) (48.35)				
8:11.08S	F # 33A	Girls 10 & Under 400 IM	KISU	2	---	---
	58.12	2:06.66 3:09.64 4:11.11 5:17.26 6:25.04 7:19.84 8:11.08				
	(58.12)	(1:08.54) (1:02.98) (1:01.47) (1:06.15) (1:07.78) (54.80) (51.24)				
<b>MACKENZIE WALLICH (10) G</b>						
3:46.10S	F # 1A	Girls 10 & Under 200 IM	KISU	9	---	-31.07
		3:46.10				
	(0.00)	(3:46.10)				
1:49.26S	P # 3A	Girls 10 & Under 100 Breast	KISU	7	---	---
	51.97	1:49.26				
	(51.97)	(57.29)				
42.20S	F # 7A	Girls 10 & Under 50 Free	KISU	15	---	-5.57
<b>Keaton Woods (10) B</b>						
3:42.72S	F # 2A	Boys 10 & Under 200 IM	KISU	5	---	-3.12
	49.43	1:47.79 2:48.90 3:42.72				
	(49.43)	(58.36) (1:01.11) (53.82)				
1:56.47S	P # 4A	Boys 10 & Under 100 Breast	KISU	2	---	-1.58
	54.36	1:56.47				
	(54.36)	(1:02.11)				
42.51S	F # 8A	Boys 10 & Under 50 Free	KISU	5	---	-4.41
50.39S	F # 10A	Boys 10 & Under 50 Fly	KISU	4	---	-4.92

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**Individual Meet Results**

**Icifest 21-Jan-11 to 23-Jan-11 SC Meters**

**Location: H20**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>	
7:19.50S	F # 12A	Boys 10 & Under 400 Free	KISU	3	6	---
	45.01	1:39.32 2:35.66 3:32.55	4:31.15 5:30.32	6:27.43 7:19.50		
	(45.01)	(54.31) (56.34) (56.89)	(58.60) (59.17)	(57.11) (52.07)		
1:51.82S	F # 14A	Boys 10 & Under 100 Back	KISU	---	---	-4.66
NS	P # 14A	Boys 10 & Under 100 Back	KISU	---	---	---
	(0.00)	(0.00)				